

the importance of physical activity and living a healthy lifestyle within their school's student body. As a 2006 recipient of the Keystone Healthy Zone School mini-grant, the elementary school has launched a Walking Club to incorporate nutrition and physical fitness into their learning environment.

This year, the Sugar Grove Elementary School Walking Club established a goal to cover 100 miles by the end of the school year. To achieve this, students dedicated the first 15 minutes of their daily recess to walking. Rain or shine, outside or inside, the students of Sugar Grove Elementary School kept their commitment to healthy well-being and rigorously incorporated exercise into their daily school routine.

To encourage students along the way, the Pennsylvania Advocates for Nutrition and Activity (PANA) awarded the Sugar Grove Elementary School with a walking shoe charm for every mile mark they crossed. In addition, the outstanding leadership of the school's administrators and teachers as well as the guidance and support of local community volunteers helped to further motivate the students as they strived to achieve their goal.

On May 31, 2007 the Sugar Grove Elementary School will cross the finish line and achieve their goal of 100 miles. Madam Speaker, I hope my colleagues will join me at this time in congratulating the students of Sugar Grove Elementary School for their grand achievement. I wish them all continued success in their future endeavors.

#### HONORING THE RETIREMENT OF SHIRLEY KAY FEGAN

#### HON. TOM DAVIS

OF VIRGINIA

IN THE HOUSE OF REPRESENTATIVES

*Thursday, May 24, 2007*

Mr. TOM DAVIS of Virginia. Madam Speaker, I rise today to honor Ms. Shirley Kay Fegan on the occasion of her retirement after 50 years of dedicated service to the greater Washington, DC metropolitan area.

Before rising to her present role as head of school at The Congressional Schools of Virginia, Ms. Fegan spent many years raising awareness about poverty and cultivating her passion for education.

Upon graduating from Georgetown University, Ms. Fegan traveled to Central America, where she worked with the Alliance for Progress to aid indigenous populations. Impassioned by this experience, Ms. Fegan returned to the Washington, DC area, where she developed programs through the Office of Economic Opportunity (OEO) to support migrant laborers. Ms. Fegan then applied the skills she had developed at OEO to the District of Columbia, helping to establish the first inner city HMO. Not only did this endeavor succeed in helping those affected by the 1968 riots, but the project eventually culminated in the opening of a 63,000 square foot facility which provides medical, dental, and pharmaceutical services.

In 1979, Ms. Fegan began working at The Congressional Schools of Virginia, where she has made a tremendous impact on students and faculty alike. Her presence was felt from the start as she applied her knowledge of the non-profit field to help restructure the institu-

tion and organize a volunteer school board. After becoming head of school in 1992, Ms. Fegan launched a series of initiatives that have led to the creation of strong athletic and community service programs. She has also been instrumental in incorporating information technology into the school's classrooms.

Whether Ms. Fegan was raising awareness on behalf of minority communities, making an impact on the District's inner city areas, or helping transform The Congressional Schools of Virginia into a first rate learning institution, Ms. Fegan has always dedicated herself to the serving others.

Madam Speaker, in closing, I would like to commend and congratulate Ms. Fegan on all of her achievements. I call upon my colleagues to join me in applauding Shirley for her past accomplishments and in wishing her continued success in the years to come.

#### RECOGNIZING THE 100TH BIRTHDAY OF MR. HOWARD E. LEFEVRE

#### HON. PATRICK J. TIBERI

OF OHIO

IN THE HOUSE OF REPRESENTATIVES

*Thursday, May 24, 2007*

Mr. TIBERI. Madam Speaker, It is with great pleasure that I recognize the 100th birthday of Mr. Howard E. LeFevre.

Such a milestone is certainly deserving of recognition. Mr. LeFevre has been an eyewitness to some of the most tumultuous events in human history. Two World Wars, the birth and demise of the Soviet Union, the first flight of an airplane, and space travel are all examples of events that have transpired in his lifetime.

His life has been marked by his service and generosity. Service to others and service to the community are timeless American traditions and hallmarks of what has made our nation so great. Mr. LeFevre's leadership and strength of character have enhanced every organization under his care and positively influenced countless members of our community.

Mark Twain was right when he observed, "Only he who has seen better days and lives to see better days again knows their full value."

Please allow me to join his family and friends in wishing him all the best.

#### TRIBUTE TO COLONEL STEWART NAVARRE, USMC

#### HON. DARRELL E. ISSA

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

*Thursday, May 24, 2007*

Mr. ISSA. Madam Speaker, I rise today to honor the 30 years of exemplary service that COL Stewart Navarre of the United States Marine Corps has given to this great country.

Colonel Navarre has served in many capacities since graduating Marine Corps Basic School in 1977. He served as Rifle Platoon Commander and Commanding Officer and as the Commander of the Fifth Marine Regiment in Iraq. In 2004 and 2005 he oversaw and coordinated the training and operations of the Iraqi Army and Police in the Marine sector of

Iraq. Colonel Navarre is currently assigned to Camp Pendleton where he lives with his wife, Yana Lahanis.

As Chief of Staff for all Marine Corps installations west of the Mississippi River, he is a trusted advisor and true advocate of our troops. Over the years he has selflessly dedicated his life to injured Marines and their families by promoting community involvement, assistance for disabled Veterans, and support to troop family members.

In his 30 years of military service Colonel Navarre has proven himself an able and willing leader. He has received the Legion of Merit, an award given for exceptional service in a time of war or peace. He also received the Defense Meritorious Service Medal, the third highest peacetime defense award.

On behalf of the people of the United States, whom Colonel Navarre spent a career serving, I thank him for his service and commitment to the defense of our Nation.

#### TRIBUTE TO LANCE CORPORAL BEN DESILETS

#### HON. RAY LAHOOD

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

*Thursday, May 24, 2007*

Mr. LaHOOD. Madam Speaker, I submit the following article for the RECORD.

#### ELMWOOD: CITY MOURNS LOSS OF MARINE

ELMWOOD.—The city continued to grieve the loss of part of its "family" Wednesday, mourning the death of Lance Cpl. Ben Desilets, killed in action in Iraq.

"What people don't understand about Elmwood, it's a family. When we lose one person, we all lose," said Elmwood High School English teacher Cathy Meyers.

Nearly every flag in Elmwood was flying at half-mast to honor Desilets.

The 2004 Elmwood High School graduate and another Marine were killed Tuesday in the Anbar province of western Iraq, where Desilets was deployed with 3rd Battalion, 10th Marine Regiment. Officials with the 2nd Marine Expeditionary Force in Camp Lejeune, NC., declined to comment on how he died except to say it was during combat operations.

A statement from the family stated Desilets, 21, had been behind the wheel of a Humvee when he died in the early morning hours. The other Marine was Cpl Julian M. Woodall, 21, of Tallahassee, Fla.

"He thought he was doing good," said his mother, Brenda Desilets. "I was proud of him. It made him grow up a lot."

Desilets had been in the Marines since September 2004. He joined, in part, to support his 3-year-old daughter, Kyra.

It was Desilets' second tour in Iraq.

#### HONORING MR. MICHAEL HOGAN OF HIGH SCHOOL DISTRICT 204 ON HIS RETIREMENT

#### HON. DANIEL LIPINSKI

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

*Thursday, May 24, 2007*

Mr. LIPINSKI. Madam Speaker, I rise today to honor an exceptional educator in my district, Mr. Michael Hogan. For 30 years, Mr. Hogan has devoted his time and energy to the